

\* As of 10/30/07 all issues have been addressed

## **TEXAS SCHOOL NUTRITION POLICY**

### **THINGS THAT NEED TO BE ADDRESSED AT WCISD**

- 1. Elementary, Middle School and High School can have no beverages, other than waters, more than 12 ounces in the vending machines or for sale in cafeteria.**
- 2. The coke machines with 20 ounce drinks may be placed in teacher's lounges.**
- 3. At elementary school, there can only be a choice of waters, milk or 100% juice offered during the school day.**
- 4. At middle school, carbonated beverages are allowed, but only after last lunch period, which would be 1:00 P.M.**
- 5. At high school, carbonated beverages are allowed, but are not allowed during meal periods in areas where school meals are served and consumed.  
\*Only 30% of the entire machine should be soft drinks.**
- 6. In juice vending machines, they must be no larger than 12 ounces and if fruit juice, they must be 100% juice, if fruit-based drink, they must contain 50% juice**
- 7. Powerade and Gatorade are allowed in middle school and high school, but only in 12 ounces or less.**
- 8. In snack vending machines, ALL snacks must be in compliance with the Texas School Nutrition Policy and WCISD Wellness & Nutrition Policy in reference to fat grams, sugar, size, etc.**

9. **Snacks sold in cafeteria should also meet all requirements of Texas School Nutrition Policy and WCISD Wellness & Nutrition Policy. This would include the restrictions on sodium, sugar and fat content of products. All drinks sold as ala carte must be no larger than 12 ounces.**

### **SOLUTIONS**

#### **Middle School Campus:**

- A. Coke machines in hallway must have only 12 ounce containers. Signs must be posted indicating nothing can be purchased from those machines until after the last lunch has been served (1:00 P.M.).**
- B. Juice/Water machine in hallway must have only 12 ounce containers UNLESS it is a water item. There is not a limit on size of water. Any juice MUST be 100% juice and any fruit-based drink must be at least 50% juice. Sports drinks such as Powerade or Gatorade may be sold but must be 12 ounces or less.**
- C. The coke machines with 20 ounce drinks May be placed in the teacher's lounge.**
- D. Vending Machines(Snacks): All items must be in compliance with Texas School Nutrition Policy & WCISD Wellness and Nutrition Policy. \*We are currently going over each item to determine what will be available for sale. NONE of these items may be purchased while any meal is being served in the school cafeteria, but can be purchased between breakfast and lunch**

**times. There will not be any candy allowed in the vending machines on the middle school campus at all.**

**Elementary School Campus:**

- A. There can be no carbonated beverages offered at anytime on elementary campus. All beverages must be 12 ounces or less. The only choices for elementary students can be water items, 100% fruit juice, 50% fruit based drinks and milk (low-fat).**

**High School Campus:**

- A. All beverages in coke machines in hallway must be 12 ounces or less. Carbonated beverages area allowed but NOT during meal periods in areas where school meals are being served and consumed. \*Only 30% of the coke machines should be carbonated beverages.**
- B. Coke machines with 20 ounce beverages can be located in teacher's lounge.**
- C. Vending Machines(snacks): ALL snacks must be in compliance with Texas School Nutrition Policy and WCISD Wellness & Nutrition Policy in reference to fat grams, sugar,size, etc. Candy IS allowed at the high school level.**