

**MINUTES FROM SCHOOL HEALTH ADVISORY MEETING
OCTOBER 30, 2008**

PRESENT: Dr. Rick Loesch, Rena Conley, Deana Henslee, Mrs. Laura Rodgers, Mrs. Ola Owens, Mrs. Shannon Milton, Amy Compton, Phil Tanner, Connie Perry **ABSENT: Coach Palmer, Marcie Duncan, Dona Gavlick and Melanie Green**

The meeting was opened by the reading of minutes from last meeting. The only question left over from last year was whether or not there is a benchmark for physical education program. Mrs. Owens stated that there was; it is the fitness gram, which is a state program.

It was noted that all minutes from the meetings will be given to Mrs. Fitzgerald to be posted on the WCISD website.

We discussed a few food allergy problems and how there were being handled in the cafeteria. It was noted that the school nurse, Mrs. Milton had lots of information and forms on the WCISD website. We also discussed that there is sugar-free ice cream available in the cafeteria for our diabetic student in elementary school.

It was noted that in order to be in compliance with the State program on Foods of Minimal Nutritional Value program; the snack machines and coke machines were totally removed from the campus. The only coke machine is located in the teachers' lounge.

It was mentioned that the following events/programs have already been presented, involving the students and staff, this school year: 1. Drugs (Red Ribbon Week) was held at all three campuses, 2. Fire Prevention Program at elementary school, 3. How to Spot Abuse on the high school campus. 3. Support for children of divorce and those needing social skills, 4. Walking program for third graders the first semester. 5. Adopt a Smoker

program for the sixth grade. 6. Women in need will be coming to the high school to present a program on abuse.

Mrs. Milton, the school nurse spoke about a new program, which is free to the school district to help with dentistry issues. She will contact the proper people to put into place a mobile program which would service PreK-12th grade. Forms would be sent home with all students to determine the interest in the program and the mobile dentists would go to each campus and give free checkups to all and would help with grant money for dental services for those who qualified. It was mentioned we might try to do this program after the TAKS tests in March. Mrs. Milton also asked about the wellness program for staff members and suggested several types of programs. The members of the Staff Wellness Committee for 2008-2009 will be: Laura Rodgers, Shannon Milton, Ola Owens and Mary Ann Adams. The committee will meet and go over the suggested programs and select one to be presented at the next School Health Advisory meeting, after the first of the year.

Mrs. Rodgers brought up a concern about a new "game" which is called the ABC game. It involves self-mutilation. It is happening in the elementary and middle schools. Mary Ann Adams will research this and bring information on it to next meeting. She will also be looking for the "signs/cuttings, etc. " as the students come through the lunch line and have their hands on their trays. As she sees anyone with those on their hands or arms, she will give their names to the appropriate principal. *Mary Ann Adams did research this game and provided a website dealing with it to all principals, the counselor and the nurse.

Dr. Loesch mentioned that he would like each member of the committee to have a 3-ring binder instead of manilla folders. Mary Ann Adams will take care of this before the next meeting.

Meeting was adjourned.